

Ice Breakers For Missions Groups

Marooned

Divide your group into teams of about 6 people. Tell them they will be marooned on a desert island and as a team they need to decide the five items they will bring with them. Give them 4-5 minutes to make their choice as a group, then have each team share their list and tell how they came to consensus.

Same/Unique

Divide into groups of no more than 4-5. Give them 5 minutes to find 3 things they all have in common and 1 thing that is unique for each person. Have the groups share with each other at the conclusion.

Choose Your Question

If your group has more than 6-8 people, you may want to divide into 2 or more teams. Provide the following list:

- The best job I ever had was...
- The riskiest thing I ever did was...
- The worst project I ever worked on was...
- The best place I ever lived was...
- The worst vacation I ever took was...

Go around the group and have each person share the answer to one question. Indicate the amount of time they have to share, based on your schedule. You may need to use an egg timer or have someone be the time keeper to stay on schedule.

Coin Story

Ask everyone to choose one coin from their purse or pocket and read the date stamped on it, then share something special that happened in their life that year, or where they were and what they were doing. If the coin was minted before they were born, they can select another.

Animal Matches

Have each person name the animal they think shares one or more of their personal characteristics and why.

To Tell the Truth

Have each person share three statements about themselves, 2 true and 1 false. Have the rest of the group discuss which one they think is false. See if the group as a whole can identify truth from fiction!

What's in Your Name?

Have each person make an acronym from their first or last name using words that describe themselves. For example: S - shy; N - neat; I - introvert; T - traveler.